



# The Boy who would not give up Sweets



A woman brought her child to see a saintly person.





**Doctor has told me that my child is diabetic and must stop eating sugar and sweets, but in spite of what I tell him, he won't stop. Since... I have brought my son to you, because a saintly person like you can help him understand what's good for him.**



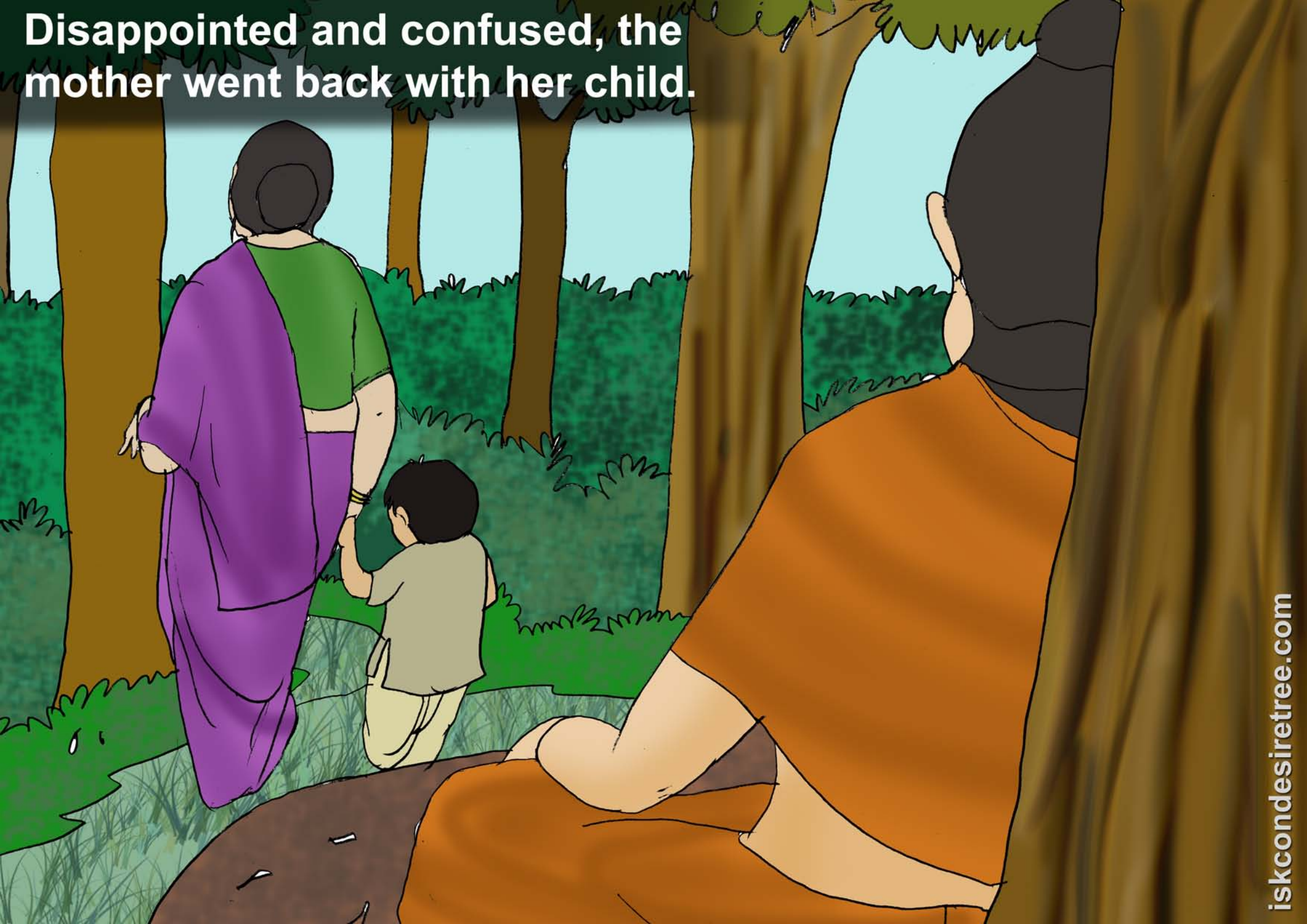


**Not today.  
Bring him to me  
tomorrow.**





**Disappointed and confused, the mother went back with her child.**



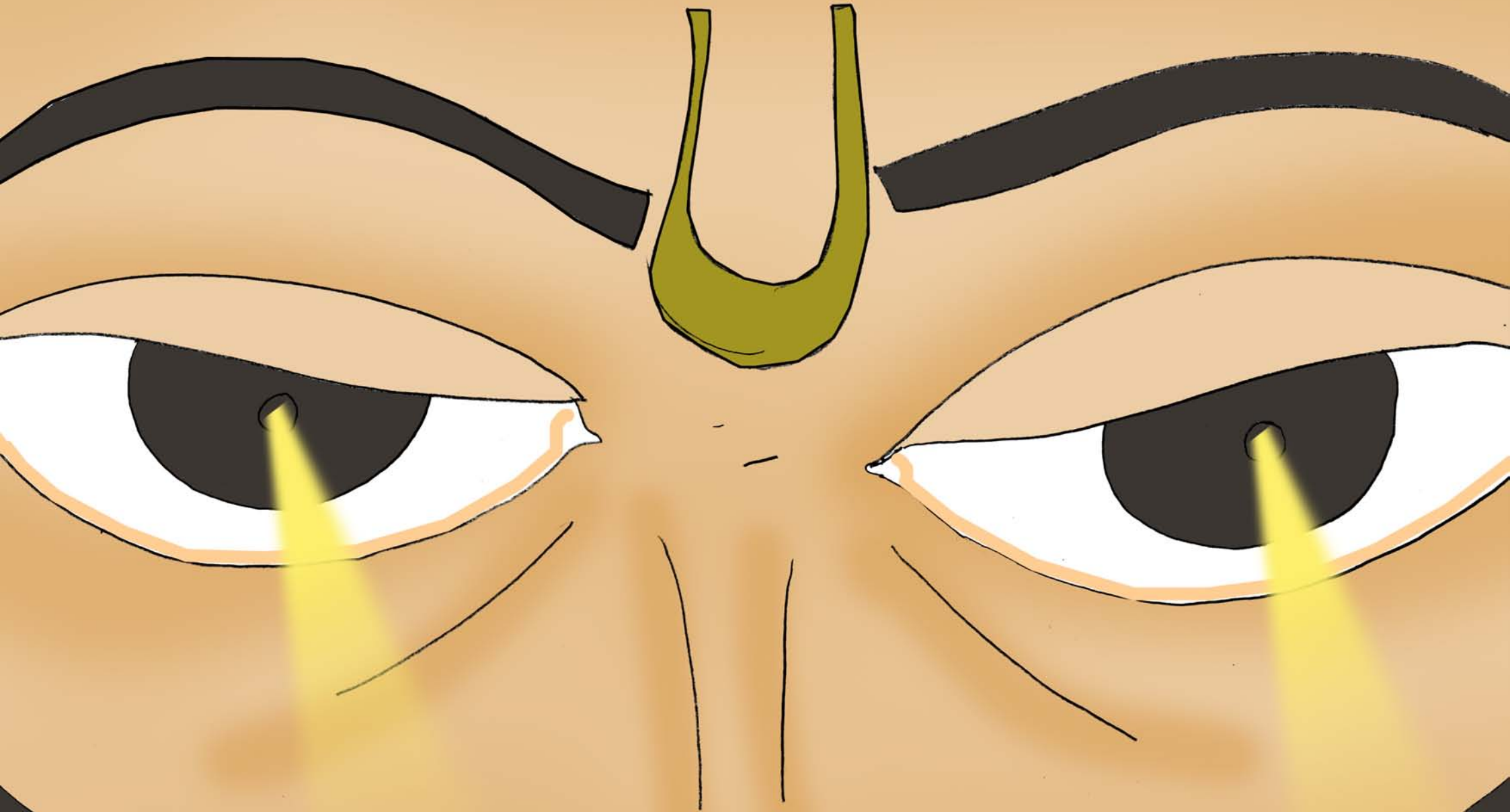


She returned the next day. The saintly person looked sternly at the young boy...



**Stop eating sweets!**

The boy was so startled that from that day he never ate sweets and sugar again.

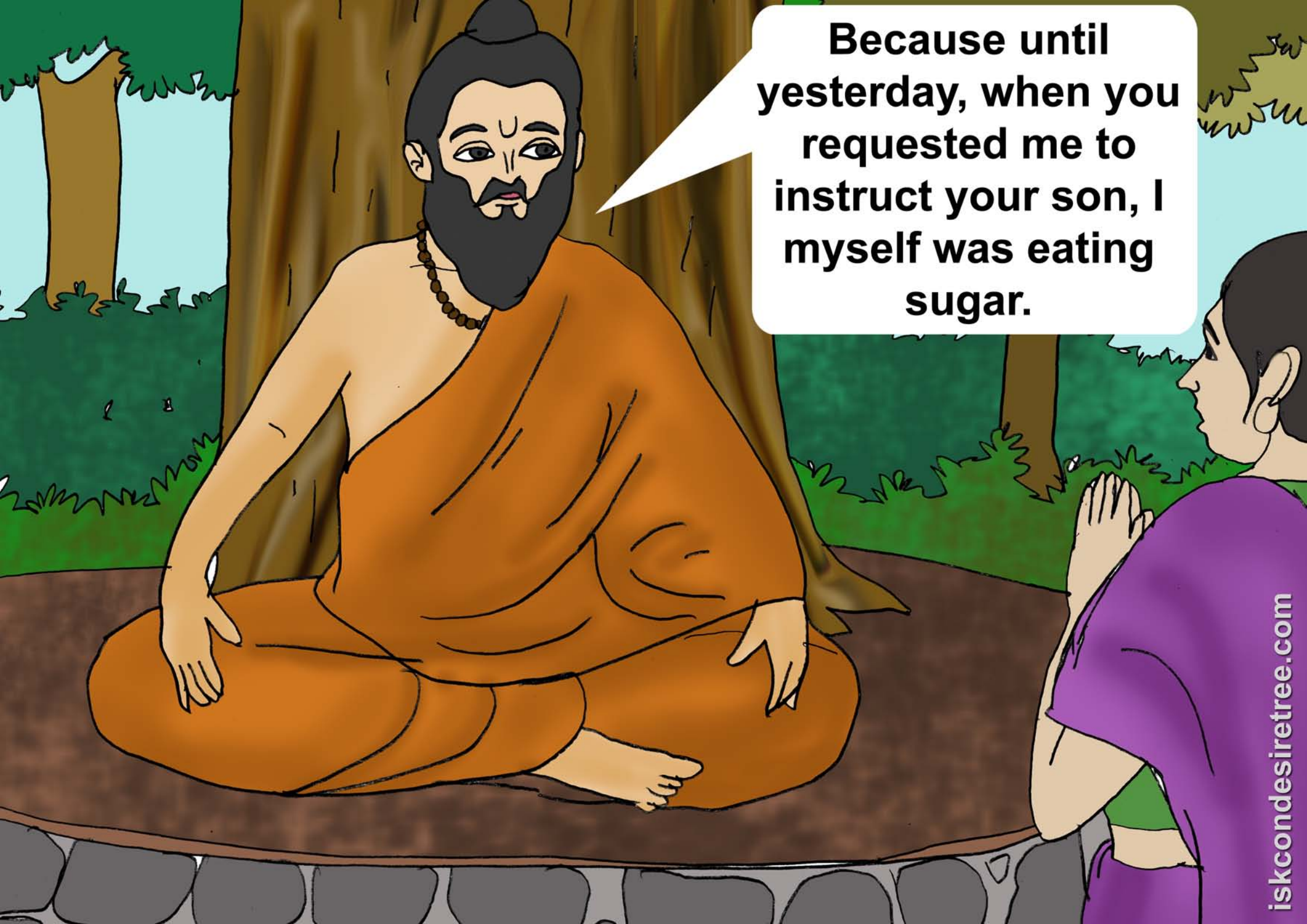




**When the curious mother  
inquired from the sadhu...**

**Swamiji,  
may I ask why didn't  
you say this to him  
yesterday?**





**Because until yesterday, when you requested me to instruct your son, I myself was eating sugar.**



## ***MORAL:***

**Example is better than precept. A leader can't convince others of his message if he himself doesn't follow what he is preaching. Therefore, an acharaya should practice what he preaches.**